Instability of Dark Energy with Mass Varying Neutrinos



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Outline

- Dark Energy and Cosmic Coincidences
- Mass Varying Neutrinos (MaVaNs) and Dark Energy
- MaVaNs Phenomenology and Interactions
- Instability of non-relativistic MaVaNs
- Trans-Relativistic Phase Transition
- Stability of Adiabatic Dark Energy Perturbations
- Conclusions

Cosmic Coincidences in Λ CDM



• A way to couple neutrinos with dark energy to explain their density coincidence

Fardon, Nelson, and Weiner 2004

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- Minimizing V (non-relativistic neutrinos)

$$\frac{\partial V}{\partial \mathcal{A}} = \left(n_{\nu} + \frac{\partial V_0}{\partial m_{\nu}}\right) \frac{\partial m_{\nu}}{\partial \mathcal{A}} = 0 \Rightarrow n_{\nu} = -\frac{\partial V_0}{\partial m_{\nu}}.$$

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• Neutrino Mass becomes a function of neutrino density Fardon, Nelson, and Weiner 2004

• Equation of state for acceleron/neutrino fluid:

$$w \equiv \frac{\text{Pressure}}{\text{Density}} \simeq -\frac{V_0(\mathcal{A})}{V} = -1 + \frac{n_\nu m_\nu(\mathcal{A})}{V},$$

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• Logarithmic Model (Fardon et al. 2004) :

 $\mathcal{L} = m_{lr}\nu_l\nu_r + M(\mathcal{A})\nu_r\nu_r + \text{h.c.} + \Lambda^4 \log\left(1 + |M(\mathcal{A})/\mu|\right),$

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• Assuming $M(A)/\mu \gg 1$ and integrating out v_r

$$\mathcal{L} = \frac{m_{lr}^2}{M(\mathcal{A})} \nu_l \nu_l + \text{h.c.} + \Lambda^4 \log(M(\mathcal{A})/\mu).$$

Logarithmic Model of MaVaNs

•
$$m_{\nu}(\mathcal{A}) = \frac{m_{lr}^2}{\mathcal{M}(\mathcal{A})}$$

• $V_0(\mathcal{A}) = \Lambda^4 \ln [\mathcal{M}(\mathcal{A})/\mu]$ \Rightarrow $V_0 = -\Lambda^4 \ln \left(\frac{m_{\nu}\mu}{m_{lr}^2}\right) \Rightarrow n_{\nu} = \frac{\Lambda^4}{m_{\nu}},$
 V
 V
 $V_0(m_{\nu})$ \Rightarrow $w = -1 + \left[1 + \ln \left(\frac{m_{lr}^2}{m_{\nu}\mu}\right)\right]^{-1}$
 $V = n_{\nu}m_{\nu} + V_0(m_{\nu})$ m_{ν}

Why do we like MaVaNs?

- As $n_v \rightarrow 0$, $\rho_{DE} \rightarrow 0$, i.e. no cosmological constant is needed
- The only constraint on acceleron mass is $m_A \lesssim n_v^{-1/3} \sim 10^{-4}$ eV, as opposed to Quintessence where $m_Q \lesssim 10^{-33}$ eV
- Both neutrino and dark energy densities are fixed by one parameter, Λ (one coincidence solved.. two to go)

Scalar Interaction of MaVaNs



• However, the coupling can be small enough to avoid neutrino/acceleron thermalization in the early universe

The Negative Speed of Sound

- T_v << m_v and m_A >> H
 → Adiabatic Perturbations
- If pressure follows density:

$$c_s^2 = \frac{\dot{P}}{\dot{\rho}} = \frac{\dot{w}\rho + w\dot{\rho}}{\dot{\rho}} = w - \frac{\dot{w}}{3H(1+w)} = \frac{\partial\ln m_\nu}{\partial\ln n_\nu},$$

• In the Logarithmic model:

$$\rho + P = m_{\nu}n_{\nu} = \Lambda^4 = \text{const.} \Rightarrow c_s^2 = \frac{\dot{P}}{\dot{\rho}} = -1.$$

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Finite Temperature Corrections

- When neutrinos dominate the pressure perturbations: $\dot{P} < 0, \dot{\rho} < 0 \Rightarrow c_s^2 = \frac{\dot{P}}{\dot{\rho}} > 0$
- For relativistic neutrinos, one has to solve Boltzmann equation: $\frac{\partial f}{\partial \eta} + \mathbf{u} \cdot \nabla f - \gamma^{-1} \nabla m_{\nu} \cdot \frac{\partial f}{\partial \mathbf{p}} = 0$,

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• Corrections to c_s^2 for the Logarithmic model:

$$c_s^2 = -1 + 51.8 \left(\frac{T_\nu}{m_\nu}\right)^2 + O\left(\frac{T_\nu}{m_\nu}\right)^4$$

Thermal History of MaVaNs



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Neutrino Nuggets

Fully Cooked • Nugget Shaped Stone Ground Whole Wheat Breaded White **Neutrino** Patties



NET WT. 12 OZ (340g) SERVING SUGGESTION

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- Assuming a relaxed nugget: $n_{_V}m_{_V}\sim\Lambda^4$
- Pauli Exclusion Principle: $n_{_{\rm V}} \lesssim \Lambda^3$

 $\Rightarrow \Delta_{max} = (\Lambda / T_v)^3$ (Maximum nugget overdensity)

• Nuggets form when ${\sf T}_{_{\rm V}} \lesssim {\sf m}_{_{\rm V}} \lesssim \Lambda$



c.f. Liquid-Gas Phase Transition





Homogeneous Expansion





Onset of Instability





Neutrinos condense into Nuggets with zero net pressure

Adiabatic Perturbations of Dark Energy: The General Case

- Assuming that
 - 1) $C_s^2 > 0$ (stable perturbations)
 - 2) Dark Energy perturbations are adiabatic, i.e. $P_{DE} = F(\rho_{DE})$
- \Rightarrow As t $\rightarrow \infty$; $\rho_{\text{DE}} \rightarrow$ const;

i.e. we need a cosmological constant

$$c_s^2 = \frac{\dot{P}_{DE}}{\dot{\rho}_{DE}} > 0 \implies P_{DE}(t_1) = P_{DE}(t_0) + \int_{t_0}^{t_1} c_s^2 \dot{\rho}_{DE} dt < P_{DE}(t_0) < 0$$

Is there any way to stabilize MaVaNs?

• Light Acceleron ($m_A \sim H$) \rightarrow Quintessence

- Bi, Feng, Li, Xin-min & Zhang 2004
- Brookfield, van de Bruck, Mota & Tocchini-Valentini 2005
- Very Light Neutrinos $(T_v > m_v) \rightarrow \Lambda CDM$
 - \rightarrow Only lightest neutrino couples to acceleron
 - → Lightest neutrino is relativistic (atmospheric neutrinos) m_v < 10⁻⁴ eV
 - Fardon, Nelson, & Weiner 2005
- Decoupled Neutrinos ($m_v \sim const$) $\rightarrow \Lambda CDM$
 - Takahashi & Tanimoto 2005

Conclusions



- Non-relativistic MaVaNs are in general unstable, unless there is a cosmological constant
- MaVaNs undergo a phase-transition as they become non-relativistic, and form neutrino nuggets
- Despite its rich phenomenology, the Logarithmic MaVaNs model is unlikely to act as Dark Energy
- Possible ways out give back ΛCDM or Quintessence